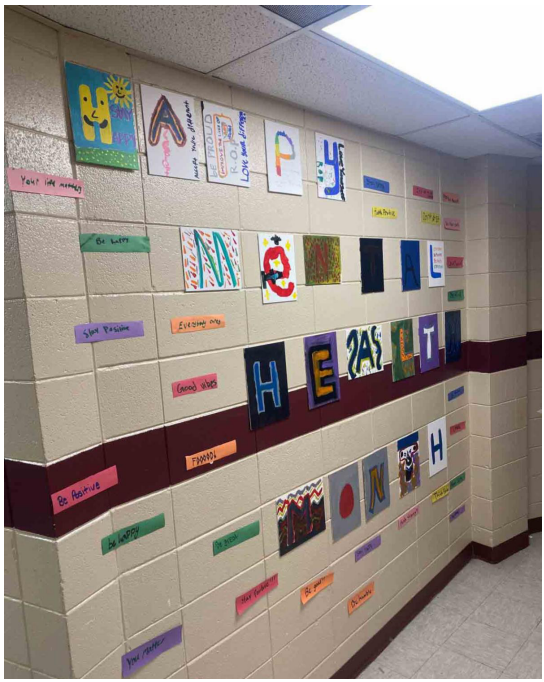
RITE NOW @ ROP



Happy Mental Health Awareness Month from the Eagles Unit at the Arkansas Juvenile Assessment Treatment Center (AJATC). This Year, Eagles Unit hosted an educational celebration of mental health in the classroom, where students painted and spelled out “Happy Mental Health Month ” while writing positive things that they believed that stands for Mental Health Awareness Month.

In addition, the assessment student athletes got a chance to enjoy Lays chips with a capri sun while enjoying additional treatment activities about coping skills and social skills. The most complex part of the day was to get student athletes comfortable with being themselves. But, after students athletes became open minded you could see the stress coming off of our student athletes shoulders. At the last 10 minutes of class student athletes discussed ways to control their anger moving forward and how to socialize in a positive way and to remember the positive things that they wrote about Mental Health Awareness Month.

Here at AJATC on Eagles Unit our educational staff not only strives to meet every assessment students needs but we also strive to create normalized environments for student athletes.